

Hold wrap behind your back.



Tie straps in front first



Tie straps at lower back.



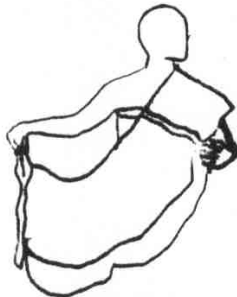
Tie top layer in front.



Style 6



Hold wrap over your left shoulder.



Insert the right strap into loop hole.



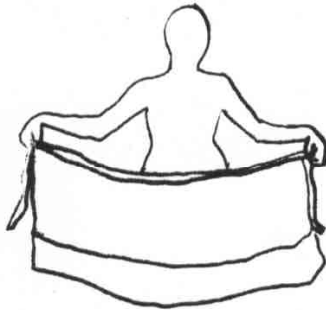
Bring the left strap behind your neck to the front.



Insert the left strap into loop hole and tie both straps.



Style 7



Hold wrap in front



Insert one strap into loop hole and tie them.



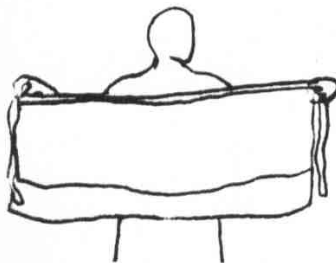
Lift the front layer.



Tie the front layer to your side.



Style 8



Hold wrap in front.



Wrap yourself.



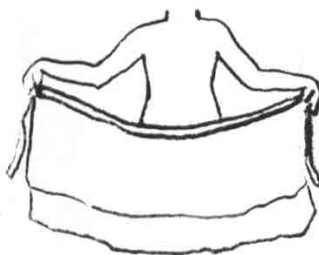
Cross the straps in the front.



Tie straps behind your neck.



Style 9



Hold wrap.



Wrap yourself.



Insert one strap into the loop hole.



Tie both straps on the side.



Style 10